

Bulamyk

- Eje, men şugun bagja gitçekä.
- Näme üçin gyzym?
- Bize günde ertirlik nahara bulamyk berýarler, menem bulamygy halamok.
- Onda sen näme ijek bolýäñ?
- Men doňdurma, süýji, köke iyesim gelýa.
- Gyzym ol zatlary iseñ ir bilen saglyk üçin zyýan. Bagja-da çagalaryñ saglygyna seredip peýdaly naharlar, bulamyklarö we başka tagamlar edilýär.
Gyzym sen berilýän imitlerden imeli, bolmasa aç galarsyñ.
- Eje, sen aýt Jeren daýza maña bulamyk bermän başga nahar beräýsin.
- Bor gyzym, Jeren daýza haýş edäýern.

Porridge

- Mom, I am not going to kindergarten anymore.
- Why not?
- Everyday we get porridge for breakfast, and I don't like porridge.
- What would you like to eat then?
- I would like to eat ice cream and candy.
- My dear, those things are not good for your health. In kindergarten, paying attention to children's health they serve porridge and other dishes for the kids. My daughter, you should eat what you are given, otherwise you will be hungry.

- Mom, could you tell to Ms Jeren to give me something else instead of porridge.
- Okay, dear, I will ask Ms Jeren.