

CultureTalk Zimbabwe Video Transcripts: <http://langmedia.fivecolleges.edu>
Where You Get Food in Rural and Urban Areas

English translation:

Interviewer: You mentioned mealie-meal. Where does mealie-meal come from? Do people buy or make their own?

Interviewee: That's a great question. In Zimbabwe people live in different areas but most people live in the rural areas. In the rural areas, people make their own food. For *sadza*, this is food they make on their own; they make their own maize in their fields, they harvest the maize and dry it in the granaries. They regularly get the maize from the granary, grind the maize and make their own mealie-meal that they use everyday. But in the urban areas or towns, people buy mealie-meal in the shops. In the urban areas, there are milling companies that grind the maize and package it in plastics, sell to the shop owners, and that is where people buy the mealie-meal from. So, if you live in the urban areas, you buy mealie-meal but if you live in the rural areas, you grow your own mealie-meal.

Interviewer: Meat and vegetables are bought in the rural areas?

Interviewee: Even in the rural areas, they grow their own vegetables. People in the rural areas barely buy food, they grow their own; they buy a few things from the stores. But in the urban areas, those who are lazy buy vegetables in the stores. But for meat it's also impossible for those living in the rural areas to keep cattle but they can rear chickens in chicken runs behind their houses. If they need beef or steak they will need to buy from the butcheries.

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