

**Turkish transcript:**

B: Benim en sevdiğim yemekler...Tabi şimdi Türk yemeklerini de özledim. Sarma, dolma çok severim.

M: Nasıl pişirilir?

B: Nasıl pişirilir? Sarma asma yapraklarından yani üzümün bitkisinin yapraklarından, biz o yaprakları alırız bir güzel önce, haşladıktan sonra onun içerisine etli de hazırlanabilir, etsiz de, iç hazırlanılır. Pirinç, et, kıyma, sarımsak, maydanoz, ekşisi, tuzu konulur hep beraber. Ondan sonra o sarma yaprakları asma yaprakları, haşlanılan asma yaprakları açılır, hazırlanılan iç içine konularak, bükülerek sarılır. Böyle parmak kalınlığında olması makbüldür. Güzelce afiyetle yenilir. Aynı şekilde dolma dediğimiz şey de biber, kabak, patlıcan gibi sebzelerin içi oyularak içine aynı iç doldurulur ve aynı şekilde tencerede pişirilir. Gayet lezzetli bir yemektir, özledim. Yoğurtla beraber çok güzel oluyor.

**English translation:**

B: The food I like the most . . . of course, now I missed Turkish food too. I like grape leaves and stuffed vegetables a lot . . .

M: How is it made?

B: How is it made? *Sarma* [is made from] the leaves of the grape, from the leaves of the grape plant, we take those leaves first, after boiling them, we stuff it with, it can be made with beef, or with no beef, prepare a stuffing. Rice, ground beef, garlic, parsley, sour sauce, salt is all put in all together. Then, after that those grape leaves, boiled grape leaves, by putting the stuffing into it, will be rolled by twisting properly. It is preferred if it is finger wide. It is eaten nicely and with enjoyment. In the same way, what we call *dolma* is made by scooping vegetables like peppers, squash and eggplants and filling them with the same stuffing and cooked similarly in a pot. It is a very delicious dish. It goes really well with yogurt.

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