

## Improving Conditions for Women

### Nepali transcript:

यहाँ मनिता नेपालमा महिलाहरूको स्थितिको बारेमा बयान गर्दैछन्।

सनिता: अब medical को field मा महिलाहरूको struggle को बारेमा त तपाइले धेरै भन्नुभयो। अरू ठाँउमा चाँहि कस्तो छ त नेपालमा? महिलाहरूको status भन्ने कि महिलाहरूले कतिको आवाज उठाउन सकेका छन्, खोजेका छन्, के प्रयास भएको छ?

मनिता: अहिलो भन्नुपर्दा यो एक दशकमा नेपाल जुन चाहिँ political change मा गइरहेको छ, त्यो हिसाबले सायद २, ३ सय वर्ष अगाडी युरोपमा जुन revolution भएको थियो, सायद नेपाल अहिलो त्यो stage मा छ। त्यो हिसाबले चाहिँ अहिलो महिलाहरूले आफ्नो लागि आवाज उठाउन सकेका छन्। र आफ्नो लागि नभएपनि यदि एकलै नभएपनि जमातमा चाहिँ महिलाहरूले समाजमा केही गर्ने, आफ्नो लागि केही गर्ने चाहिँ अँ..अगाडी बढेको छ। जस्तै यो..यो जुन चाहिँ यो नेपालमा माओ..माओवादी<sup>1</sup>को भयो हैन, यसबाट पनि...त्यसमा तपाइहरूले यदि बुझनुभयो भने, महिला र पूरूषहरूको जुन चाहिँ सँलग्नता छ, त्यो बराबर छ। महिलाहरूले आफ्नो...आफ्नो हकको लागि, आफ्नो अधिकारको लागि चाहिँ महिलाहरू पनि बराबर उभिनुभएको छ। त्यो हिसाबले चाहिँ अहिले नेपालको लागि चाहिँ महिलाहरूको स्थिति पहिला भन्दा राम्रो भएको छ।

### English translation:

Here Monita is describing the situation of women in Nepal

Sanita: You mentioned a lot about the struggle of women in the medical field. What is it like in other fields? One could call it women's status or how able women have been in raising their voices or trying to do so. What efforts have been made?

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<sup>1</sup> The decade long Maoist insurgency in Nepal, called the People's War, lasted from 1996-2006 and resulted in the dethroning of the king and the start of a democratic nation<sup>a</sup>. One of the positive outcomes of the civil war was the empowerment of women that occurred in some of the most remote areas of the country where the Maoist guerillas were recruiting people to fight the war.

<sup>a</sup> Nepalese Civil War. (2012). In *Wikipedia*. Retrieved October 19, 2012, from [http://en.wikipedia.org/wiki/Nepalese\\_Civil\\_War](http://en.wikipedia.org/wiki/Nepalese_Civil_War)

Monita: These days, talking about the political change that Nepal has gone through in the past decade, maybe Nepal is now in the same stage as Europe was two to three hundred years ago during their time of revolution. So because of that, now women are able to raise their voices, and if not for themselves, even if not alone, as a group women have mm... moved forward to do something in the society and do something for themselves. Like the Maoist thing<sup>2</sup> that happened, even in that, if you try to understand it, the involvement of men and women was equal. Women are standing up as much as men for their civil rights, their sense of entitlement. Based on that, now we can say that the status of women in Nepal has become better.

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