

**Swahili transcript:**

Sasa hivi nitazungumzia chakula ambacho tunapika wakati wa sikukuu, kama krismasi au pasaka, pasaka ni Easter na krismasi ni x-mas. Tuna sikukuu nyingine za waislamu kama Idi: kuna Idi kubwa na idi ndogo. Wakati wa sikukuu mama yangu hupika pilau. Pilau ni chakula chenye mchanganyiko wa wali na nyama na viungo vingi sana. Chakula hiki ni kitamu sana na kinanukia ajabu. Watu wengi wanapenda pilau na hupika pilau wakati wa sikukuu. Mimi sijala pilau kwa muda wa kama miezi sita na ninatamani kula pilau sasa hivi. Ninafikiri wiki hii ninaweza nikapika pilau kwa sababu kama nilivyosema ninatamani kula pilau. Mkienda Tanzania na mkaenda nyumbani kwetu, mama yangu atawapikia pilau na ninatumai mtapenda kwa sababu ni chakula kitamu sana, lakini kama haupendi viungo unaweza usipende pilau kwa sababu ina viungo vingi.

**English translation:**

I will talk about special food during religious holidays such as Easter and Christmas. These special foods also apply during Muslim religious holidays such as *Eid*: there is *Eid El Haj* (Big Eid) and *Eid El Fitr* (small *Eid*). On these holidays, my mother cooks *pilau*. Pilau is a mixture of rice and meat and many spices. This food is delicious and smells so nice. Many people like to eat *pilau*, and they tend to cook this type of food during holidays. I have not eaten *pilau* for approximately six months, and I miss the food a lot. I think I will cook *pilau* this week because, as I mentioned before, I have missed the food terribly. If you visit Tanzania, and especially if you go to our house, my mother will cook *pilau* for you. I believe you will like the food because it is very delicious. However, if you do not like spices you might not like *pilau*, so bear that in mind.

**About CultureTalk:** CultureTalk is produced by the Five College Center for the Study of World Languages and housed on the LangMedia Website. The project provides students of language and culture with samples of people talking about their lives in the languages they use every day. The participants in CultureTalk interviews and discussions are of many different ages and walks of life. They are free to express themselves as they wish. The ideas and opinions presented here are those of the participants. Inclusion in CultureTalk does not represent endorsement of these ideas or opinions by the Five College Center for the Study of World Languages, Five Colleges, Incorporated, or any of its member institutions: Amherst College, Hampshire College, Mount Holyoke College, Smith College and the University of Massachusetts at Amherst.